



MAKING THE “MOM JOB”

DOABLE WHILE CO-TEACHING

1. Grocery Shopping: check out [grocery.walmart.com](https://www.grocery.walmart.com). Walmart lets you order online or in an app; they do all of the shopping for you and bring it to your car with the same low Walmart prices as in the store. No extra charge.

2. There are services (that have a monthly fee) called Shipt or Instacart, that will go to your local grocery store and shop for you and deliver to your home. You can try a free trial period.

3. The CROCKPOT is your friend.

4. Consider making Wednesday night your “take out” night if you are able.

5. Discipling: Use Daily Audio Bible app; Keys for Kids (5 minute devotional app), Adventures in Odyssey.

ORGANIZE YOUR DAY:

1. Look through lesson plans the night or day before and gather together all material needed.
2. Make a checklist for each child (this can be as easy as copying and pasting the lesson plan on a Word document and deleting the unnecessary parts).
3. On My Own Folder: Put all independent work in a folder for each child so they can have something to do if you are working with another child or get called away.
4. Organize each child's songs in their own folder on the computer and they can listen to them independently with head phones on!
5. AVOID SCHEDULING ANYTHING ON WEDNESDAYS.
6. If Wednesdays are packed for you, consider working ahead and doing a little of Wednesday's work on Monday or Tuesday evening.
7. Hard days will come, expect them. It's normal and they will pass.
8. Carpool



TIPS & TRICKS

FOR CO-TEACHING
AT VERITAS

From parents who have been there!



The Most Important Tips

1. **Pray** before each day. Check out, Praying Through the Bible for Your Kids by Nancy Guthrie. It's a great way to start each day.
2. **Prepare** before you teach.
3. **Teach** the child, not the curriculum.
4. **Use your** binder.

If You Get Overwhelmed...

1. Contact your teacher, buddy or the Administration. We want to help!
2. Contact our Family Ministries Director: cbarnes@vatucson.com

COMMON PITFALLS OF THE "SUPERMOM"

1. Do you suffer from PMS (Perfect Mom Syndrome)? Remember God is not asking us to be perfect, but to serve Him by co-teaching our kids. There is a lot of room for mistakes!
2. If you are struggling with co-teaching a particular child, do they have a different learning style? A learning disability? Contact the Administration or our FM team.
3. Does your child need extra help reading or with homework? Latin? Contact the SOL/SOR Valor Honor Society for tutoring help. They need volunteer hours and have done these classes before.
4. Give yourself grace. Expect a learning curve with new grades, new curriculum or a new schooling choice.
5. Feel free to be creative, but not the pressure to have to do so.

HOME CLASSROOM MANAGEMENT

- 1 Use a timer
- 2 Pick and choose review assignments once your child has mastered them (for example, no need to count by 10's and 5's every day if they know them well, pick one). Hint: Do it on a trampoline!
- 3 If you don't have time to listen because of another child in need, have your child write down counting by 5's, 10's, etc. instead of chanting.
- 4 Flash Card Fun: Write the sums on the board, call out fast facts and have them shoot the answer with a nerf gun OR make a flash card "path" to jump over as they recite the answers.
- 5 Use a "clicker" when counting on the hundreds number chart and then see if the child has the correct number at the end.
- 6 Phone App: Photomath. You can take a picture of a math problem and it will solve it for you.
- 7 Set the timer for 1 hour and work with each child while the other(s) play/work independently.
- 8 Group shared activities together: do math, recitations, writing at the same time.

CHANGE THINGS UP

Let your child teach you what they have learned to review!

If a certain subject is challenging, have the other parent work on that with the child.

We always overestimate what we can do in a day and underestimate what we can accomplish in 5.

Using time in the car wisely:

1. Review songs in the car (history songs, fast fact songs, grammar jingles, etc.) Hint: Use Voice Memo on your phone to record the recitation!
2. Listen to literature audiobooks and Story of the World.
3. Do fast facts, flashcards, math review, recitations, maps, art history.
4. Have a binder in the car (with the sheets in page protectors) that the child can grab to review during car time: recitations, history dates, etc.

